



Reading Community Learning Centre

SPRING 2026

SPRING MON 12/1/26 – 27/3/26
ENROLMENT IN NOV & DEC 2025

HALF TERM: MONDAY 16/2/26 – FRI 20/2/26
Course Reg. Fee: £15 Creche Reg: £15

ENGLISH CONVERSATION

HAVE FUN SPEAKING & LISTENING!
PRE-ENTRY CONVERSATION:
FREE

Monday 9:45-11:45 and 12:15-2:15pm
(12/1/26 – 23/3/2026)

BEGINNERS:

Tuesdays and Wednesdays
9:45am - 11:45am (13/1/2026 – 25/3/2026)

IMPROVERS:

Tuesdays and Wednesdays
12:15pm - 2:15 pm (13/1/2026- 25/3/2026)

INTERMEDIATE:

Mondays and Wednesdays
9:45am- 11:45 am (12/1/2026- 25/3/2026)

SEWING SKILLS

LEARN TO MAKE A SKIRT, DRESS OR
SHALWAR KAMEEZ: £5 RESOURCES

BEGINNERS: Tuesdays
9:45am - 11:45 am (13/1/2026- 24/3/2026)

IMPROVERS: Tuesdays
12:15pm - 2:15 pm (13/1/2026- 23/3/2026)

LOOKING GOOD, FEELING GOOD

BEAUTY CARE AND CONFIDENCE-
BUILDING: Resource Contribution £5

Thursdays 12:15 - 2:15 pm
(15/1/26 – 26/3/26)

BEGINNERS I.T.

IF YOU'VE NEVER USED A COMPUTER

Wednesdays 12:15pm -2:15 pm
(14/1/2026- 25/3/2026)

ENGLISH READING & WRITING

BEGINNERS:

Wednesday 12:15-2:15 pm (14/1/26- 25/3/26)

IMPROVERS:

Mondays 12:15-2:15pm (12/1/26 – 23/3/26)

WELLBEING & SELF-CARE COURSE

MASTER STRESS, PRACTICE:
MINDFULNESS FOR LASTING WELLBEING

Fri 6 and Fri 13 Feb 2026 (2 days)
Reg. Fee: £10 NO CRECHE
9:30 am- 2:30pm (6/2/26 & 13/2/26)

*ESOL SKILLS 4 HEALTH: FREE

LEARN ESOL WITHIN THE CONTEXT
OF HEALTH FOR OVER 50'S WOMEN

Wednesdays 9:45 – 11:45 am
(14/1/26- 25/3/26)

*SEATED YOGA: ONLINE: FREE

GENTLE EXERCISES DESIGNED FOR
OLDER WOMEN

Mondays for 10 weeks
11am-12 pm (12/1/26- 23/3/26)

PLEASE NOTE:

- ✓ All classes are for **women only**
- ✓ If you do not attend class on **3 consecutive dates** without informing RCLC you will be withdrawn as our waiting lists are long.
- ✓ Refunds **ONLY** given up to **3 weeks** before the class start date